



TRAUMA

Sad, violent, or scary events can have long-term effects on a child's behavior. These effects are called **Trauma**. Accidents, abuse, neglect, bullying, and other disturbing events can cause trauma. Children suffering from trauma can have trouble learning and following school rules. These children can also develop serious mental health challenges if they do not receive help.

What can the school do?

If you think that your child suffers from trauma, you should tell a school teacher or counselor you trust.

The school can provide special care for students with trauma. This special care is called **Trauma-Informed Care**. School teachers need to have special training to give trauma-informed care. Trained teachers help children feel safe physically, mentally, and emotionally in school.

Ask the school to train your child's teachers in trauma-informed care. Schools can get free training from the Georgia Department of Education. You can ask the school to schedule a training through its local **Regional Education Service Agency**.

Where can I find support for trauma outside of the school?

Ask your friends, family, and community to suggest mental health professionals who can help.

Call the Georgia Crisis and Access Line at **(800) 715-4225** or call a local mental health provider for assistance.